







etting an intention is a powerful tool to help you achieve your goals. It focuses your energy, and forces you to think about what really matters.

This year, we set an intention. To identify why we do what we do. Why? Because in community work, we must resist the temptation to boil the ocean.

Human service agencies have a finite amount of time, staff and funds.

Our why statement, which you can read on the next page, could not have come at a better time.

Last year, our theme at Family Services Windsor-Essex ("FSWE") was "getting better". We worked hard to go from good to great and are proud of what we accomplished. In addition to getting better, we also got bigger.

We developed new programs, hired new staff, and received new grants. That's why this year's theme became "doing more and doing it better".

We applied a trauma-informed lens to all of our programs and services to ensure the people we support would always feel safe and comfortable in our care.

We adopted a framework called Sustainable Livelihoods that uses people's strengths and natural resilience to help them remove barriers in their lives.

We championed financial empowerment by becoming the parent agency of Financial Fitness, now a FSWE program that provides debt management, credit counselling and teaches financial literacy.

And we've made a significant commitment to Windsor-Essex's affordable housing crisis, thanks to new funding we've received the City of Windsor, the Province of Ontario and the Government of Canada to build financially accessible housing.

None of this would have happened without those in our professional circle of care. We are incredibly grateful to our staff, members of our Board, our funders and community partners whose commitment and contributions helped us do more and do it better.

And for the people we support, we are grateful for the opportunity to serve you. Not everyone sees your natural resiliency or believes in your ability to choose your place in the world.

But we do, and that's why we do what we do.

Renée Thibert
President, Board of Directors

Joyce Zuk
Executive Director

# **OUR WHY**

What makes us human is the drive to self-determination.

When people lose this drive due to injustices such as trauma poverty exclusion and discrimination

FSWE provides support to build resiliency and restore people's ability to choose their own place in the world.

Knowing why you do what you do inspires your staff and supporters to take action. That's why we came up with our Why? statement this year.

By defining our Why?, we are focused on why we need to do what we do and not on what needs to be done.

Inspired by Simon Sinek's wisdom in "Start with Why?"





# Theory of Change



- support to build resiliency
- restore people's ability to choose their own place in the world







# What we do

- Qualified counsellors help people grow and develop, through walk-ins, appointments and groups
- Client-centred support services provide strategies to help people live independently
- A complete range of financial services to help budget, manage debt and develop financial literacy

# What we hope to achieve



People are valued + included



People are mentally well



People's basic needs are met



Windsor-Essex is a better place to live



Our impact



- people will find their purpose
- increased resiliency

enhanced individual capacity and a stronger community

# BOARD OF DIRECTORS

Renée Thibert President

Kim Harris Vice-President

Michael Cooke Secretary / Treasurer

Mike Pocock Past President

Judy Aikman-Springer Director at Large

Larry Dumouchelle Director at Large

Karen Farbota Director at Large

Director at Large

**OUR MISSION** 

**Supporting Communities and Families. Strengthening People.** 

**OUR VISION** 

Healthy, resilient and connected people, families and communities.

### **OUR VALUE STATEMENTS**

In 2019, the Board of Directors adopted the following statements to reflect our organizational values.

**Jamie Genik** 

#### **We Deliver Excellent Customer Service**

We provide the highest quality of care to members of the community.

#### We Provide Trauma-Informed Care

We are aware of how common trauma is for all people

#### We are Committed to Quality

We strive to do our best at all times.

#### We Employ Qualified, Competent Staff

Our staff deliver excellent, trauma-informed, high-quality care.

#### We Communicate with Each Other

We provide services in a coordinated fashion.

#### We Respect Each Other

We respect each other and the people we support.

#### We are Committed to Continuous Learning

We improve as individuals and an organization by making learning part of our day-to-day work.



# **AGENCY IMPACT**

#### **People Supported by Program**

Service	#	<sup>₩</sup> 500 People <sup>ຟ</sup> 50 People
Counselling Program	7916	
Income Tax Completion	5605	THE THE THE THE THE THE THE THE THE
PAR Response	583	या या या या या या या या या
PAR - Partner	518	સાંસાસાસાસાસાસાસા
Trustee	329	યા તા તા તા તા
Elder Abuse	236	સાંસાંસા
APSW	211	યા યા યા
Avenues	132	at at
Housing First	71	al

# **ACCOMPLISHMENTS IN 2019-20**

Helped launch CMWE	C M COMMUNITY MEDIATION COMMUNAUTAIRE	Raised over \$13,000 for the United Way	United Way Centraide Windsor-Essex County
Staff trained in Neurofeedback		Financial Fitness became a part of FSWE	Financial Fitness
Received a \$50K Six by Six Grant for newcomer mental health	-SIX 4 SIX-	Provided office space for Windsor Pride Community	windsor <b>pride</b> community
Introduced Sustainable Livelihoods and Asset Mapping	Developed a new Theory of Change	Staff trained in Cultures of Trauma Informed Care	Hosted our 2nd FSWE Professional Speaker Series

# **FINANCIAL STATEMENTS**

### **Statement of Operations**

For the Year Ended March 31, 2020

	19-20 TOTAL	18-19 TOTAL			
REVENUE					
Contracts/donation, miscellaneous revenue	1,954,204	1,923,196			
Counselling service & program fees	1,090,831	978,551			
Municipal funding	1,700,646	1,590,600			
Provincial funding	2,018,874	2,073,873			
United Way	554,064	576,636			
	7,318,619	7,142,856			

OPERATING EXPENSES				
Building & occupancy	156,540	231,818		
Conferences & training	49,403	97,835		
Passport & individualized funding	696,004	2,167,700		
Program & office	321,163	296,329		
Purchased services & professional fees	2,537,649	1,288,796		
Salaries & benefits	3,179,904	2,835,655		
Staff transportation	59,519	61,007		
	7,000,182	6,979,140		
Excess (deficiency) of revenues over expenses	\$318,437	\$163,716		

A complete copy of our 2019-2020 audited financial statements can be found at www.fswe.ca

### **FUNDERS**

Thank you to our Funders, Community Partners and Donors.
Your support makes our work possible.

The Corporation of the City of Windsor
United Way Centraide Windsor-Essex County
Erie St. Clair Local Health Integration Network
Ontario Ministry of Children, Community and Social Services
Ontario Ministry of the Attorney General

# FAMILY SERVICES EMPLOYEE ASSISTANCE PROGRAM







99% of users surveryed said they would recommend the EFAP to others



Decrease in days absent among employees who used our EFAP



5.6 days of Lost Productive Time Restored among employees who used our EFAP



Four-time recipient of the Employee Assistance Society of North America's Corporate Award of Excellence

### **DESIGNATIONS AND AFFILIATIONS**





















